

APPLES



Apples are one of Michigan's largest and most valuable specialty crops

- Michigan's apple industry contributes up to \$900 million to the state's economy each year
- Michigan ranks 3rd in the nation in apple production
- There are more than 11.3 million apple trees in commercial production, covering 35,500 acres on 825 family-run farms
- Michigan harvests about 1.05 billion pounds of apples per year
- 55 % of all Michigan apples are processed into other products
- Michigan slices more apples than any other state for use in pies and fresh-cut slices and also processes apples into applesauce, fresh and shelf-stable apple cider and apple juice

MICHIGAN APPLES = HEALTHY

- Naturally free from fat, cholesterol and sodium
- Excellent source of fiber
- Rich in antioxidants and phytonutrients, which help protect the body from harmful free radicals
- Good source of B-complex vitamins and trace amounts of minerals

