



AVAILABLE/IN-SEASON
JULY-DECEMBER

Updated 11/2024

Michigan Celery

Michigan celery: Fresh, crisp, and a leader in the U.S. market.

Michigan Celery Facts:

- Michigan ranks second in the nation for celery production
- In 2018, Michigan harvested 110 million pounds of celery, generating \$19.5 million
- Michigan celery production began in Kalamazoo
- Most of Michigan's celery is grown in the southwest counties of the state

Nutrition

- Celery is a great source of vitamin C, potassium and dietary fiber
- Celery is low in calories and cholesterol

**Celery is a crunchy snack and
is as versatile as it is guilt-free.**

