



AVAILABLE/IN-SEASON
AUGUST-SEPTEMBER

Updated 11/2024

Michigan Onions

Michigan Onion Facts:

- Michigan produces 79 million pounds of Michigan onions, worth \$10 million
- Most Michigan onions are grown in the south central and southern counties of Allegan, Barry, Calhoun, Ionia, Kent, Lapeer, Newaygo, Ottawa and Van Buren

Nutrition

- Onions are rich in vitamin C, vitamin B6 and potassium

**Some like them red, some like them yellow, and
some even eat them like an apple. Say hello to
Michigan onions!**

